

Breakfast

Starters - Orange Oat Muffin,
Cold Cereal or Hot Oatmeal

Eggs - Scrambled, Poached, Fried, Hard Boiled
Eggs Benedict or Cheese, Ham and Cheese
or Western Omelet

Buttermilk Pancakes

Sausage Links

Toast and Jelly

Featured Breakfast Entree

Always Available - Fruited Yogurt, Mini Bagels, Danishes
Cream Cheese and Cinnamon Raisin Toast

Lunch*

BLT Sandwich

Cranberry Glazed Chicken

Strawberry Pecan Salad

Accompaniments – Roasted Cauliflower
and Red Kidney Bean Pilaf

Dinner*

Rosemary Crusted Carved Bistro Beef Fillet

Roasted Turkey with Gravy

Mrs. Jones's Salmon Piccata

Accompaniments – Green Bean Casserole,
Roasted Cherry Tomatoes and Cranberry
and Cornbread Stuffing

*Lunch & Dinner Choices

Soup or Salad

Chicken Wild Rice

Spinach Strawberry Chicken Salad

Dessert

Carmel Apple Pie, Orange Cream Cake,
Oatmeal Cookies and/or Vanilla Ice Cream

Always Available

Chopped Salad, Grilled Cheese Sandwich,
BLT Sandwich and Grilled Chicken Breast



A Side of Companionship

SenseSations dining also serves up *“food for the soul”* in the form of conversation and camaraderie with friends, neighbors and team members.



Kitchen Help Welcome!

Pathway to Living kitchens are *“the heart of the home”* at each community. Residents are invited to volunteer a hand in the kitchen, taste-test new recipes and share feedback to help shape the community's dining experience.